

# DEI Community Spotlight

## Monica Berning

Community Outreach Coordinator

¡Hola! Bonjour! Dobar dan! Guten tag! Hello!



My name is Monica Berning. I am a Community Outreach Coordinator at Allen College. That is a fancy way of saying that I work with rural communities to recruit students interested in healthcare. I am passionate about connecting with people in general, and through my role I get to work with rural hospitals, schools and community members. I have met a lot of great people from diverse backgrounds and enjoy what I do!

Outside of my work at Allen College, I also own a business. It is an online women's clothing and accessories boutique. For this reason, I am particularly passionate about empowering women and helping them recognize and embrace the beauty in their uniqueness. As women, we are so hard on

ourselves, and I want to help women understand that they are valued just as they are and to love the skin that they are in.

I have been married for almost seven years to my wonderful husband. I'm a mom to two boys and have a Golden Doodle that I adore. I enjoy reading, crafting, traveling and spending time with my family. I have been to eight different countries, and through my travels I have really enjoyed exploring various cultures and learning about people who are different than me. This has truly helped me to value people from all walks of life and expand my horizons after growing up in small town Iowa.